Clinical presentation in urea cycle disorders

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- Patients with urea-cycle disorders may present at almost any age
- Neonatal period
- Early infancy
- Puberty
- The patterns of the clinical presentation of hyperammonaemia are rather characteristic and are broadly similar for all the disorders except arginase deficiency

## Neonatal presentation

- Most babies are initially healthy
- Common early symptoms are:
- Poor feeding
- Vomiting
- Lethargy and/or irritability
- Tachypnea ,transient mild respiratory alkalosis
- Sepsis like presentation
- Neurological and autonomic problems
- Most untreated babies will die or handicapped

#### Infantile presentation

- In infancy, the symptoms are generally rather less acute
- Anorexia
- vomiting and failure to thrive
- Hepatomegaly
- Symptoms similar to GI disorders
- developmental delay and behavioral problems
- Irritability ,lethargy
- more obvious encephalopathy with changes in consciousness level and neurological signs

## Children and adult presentation

#### Acute encephalopathy

- The patients first become anorexic, lethargic or agitated with behavior problems or confusion.
- headaches and vomiting may be prominent, suggesting migraine or cyclical vomiting.
- may be ataxic similar to *intoxicated*
- Reye like syndrome
- Untreated, they continue to deteriorate, becoming comatose, and they may die. The cause of death is usually cerebral edema

- Chronic Neurological Illness
- Learning difficulties
- mental retardation
- Patients may present with chronic ataxia, which is worse during intercurrent infections.



- Six enzyme defect cause urea cycle disorders
- All these defects are characterised by hyperammonaemia and disordered amino acid metabolism.
- Clinical presentation was similar but some specific presentation was described
- CPS: carbamylphosphate synthetase
- OTC: ornithine transcarbamylase
- ASL: argininosuccinate lyase
- ASS: argininosuccinate synthetase or citrolinemia type 1
- NAGS: N-acetyl glutamate synthetase

CPS & NAGS

most patient present in neonate periods

 OTC: More common form X linked dominant gall stone crystaluria or renal stone

• ASS :

dry & brittle hair (trichorrhexis nodosa) crystaluria

• ASL :

dry & brittle hair (trichorrhexis nodosa) gall stone

 Due to arginine deficiency Acrodermatitis eneteropathica

### **Arginase Deficiency**

- Arginase deficiency commonly presents with spastic diplegia
- neurological abnormalities appear to be slowly progressive
- During the course of the disease, fits, ataxia and dystonia may develop.
- patients may present with an acute encephalopathy or anticonvulsantresistant fits

## **Citrin Deficiency or citrullinemia II**

- This disorder is a deficiency of the mitochondrial aspartate-glutamate carrier.
- The result is an intramitochondrial deficiency of aspartate
  - The disorder presents at two ages: in the neonatal period with liver disease, cholestatic disorders
- in adulthood with neuropsychological symptoms

#### Hyperammonemia-Hyperornithinemia-Homocitrullinemia (HHH)

- Clinical manifestations of hyperammonemia may develop shortly after birth or may be delayed until adulthood.
- Progressive neurologic signs, such as lower limb weakness, increased deep tendon reflexes, spasticity, clonus, seizures, and varying degrees of psychomotor retardation
- No clinical ocular findings have been observed in these patients.

# **Transient Hyperammonemia of the Newborn**

- In premature infants the upper limit of normal for blood ammonia may be as high as150 µmole/L. Blood levels approximate the adult normal values after a few weeks of life.
- Severe transient hyperammonemia has been observed in newborn infants. The majority of affected infants is premature and has mild respiratory distress syndrome.
  Hyperammonemic coma may develop within 2-3 days of life.

#### Thanks for your attention

